

# PREVENTIVE MEDICATION PROGRAM



## Drug List

Coverage as of January 1, 2023

Your plan's Preventive Medication Program includes generic and brand-name medications. Preventive medications are used to keep certain conditions from developing or from coming back.

### About this drug list

This is a list of the most commonly prescribed generic and brand-name medications that are part of Cigna's preventive program as of January 1, 2023.<sup>1,2</sup>

#### Here's some helpful information about this drug list:

- › Medications are listed alphabetically by condition.
- › Generic medications are listed in all lowercase letters and brand-name medications are listed in all capital letters. Most brand-name medications that have a generic equivalent are no longer part of Cigna's preventive medication program.
- › **This drug list doesn't include preventive medications that are covered at 100%, or no cost-share (\$0) to you, under the Patient Protection and Affordable Care Act (PPACA)'s preventive services coverage requirement.**
- › **This drug list is updated often so it isn't a complete list of medications.** Also, your specific plan's preventive medication program may not include all of these medications and/or conditions.

### Your cost-share for preventive medications

Not all plans offer the same cost-share for their preventive medication program. For example, some plans may require you to pay a copay, coinsurance and/or deductible for preventive medications; other plans may not.



#### Go generic and save

Ask your doctor if a preventive generic medication may be right for you. Generics have the same strength and active ingredients as brand-name medications, but often cost much less – in some cases, up to 85% less.<sup>3</sup>



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, or their affiliates.

969110 Prev&PrevPlus All for Legacy 10/22

# Preventive Medication Program Drug List

Some plans may not include all of these medications and/or conditions in their preventive medication program.

## Anxiety/Depression/ Bipolar Disorder

CELEXA  
citalopram solution, tablet  
escitalopram  
fluoxetine  
fluoxetine dr  
fluvoxamine  
fluvoxamine er  
LEXAPRO  
paroxetine suspension, tablet  
paroxetine cr  
paroxetine er  
PAXIL  
PAXIL CR  
PEXEVA  
PROZAC  
sertraline oral concentrate, tablet  
ZOLOFT

## Asthma Related

ADVAIR HFA  
AIRDUO DIGIHALER  
AIRDUO RESPICLICK  
albuterol solution  
albuterol hfa  
ALVESCO  
ANORO ELLIPTA  
aformoterol  
ARMONAIR DIGIHALER  
ARNUITY ELLIPTA  
ASMANEX  
ASMANEX HFA  
BEVESPI AEROSPHERE  
BREO ELLIPTA  
budesonide suspension  
BUDESONIDE-FORMOTEROL  
caffeine citrate oral solution  
DUAKLIR PRESSAIR  
DULERA  
FLOVENT DISKUS  
FLOVENT HFA  
FLUTICASONE HFA  
fluticasone-salmeterol  
FLUTICASONE-VILANTEROL  
formoterol

INCRUSE ELLIPTA  
ipratropium solution  
ipratropium-albuterol  
levalbuterol solution  
LONHALA MAGNAIR REFILL  
LONHALA MAGNAIR STARTER  
metaproterenol  
montelukast  
PROAIR DIGIHALER  
PROAIR RESPICLICK  
PULMICORT FLEXHALER  
QVAR REDIHALER  
SEREVENT DISKUS  
SPIRIVA  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
STRIVERDI RESPIMAT  
SYMBICORT  
theophylline solution  
TUDORZA PRESSAIR  
VENTOLIN HFA  
wixela inhub  
YUPELRI  
zafirlukast

## Blood Pressure Related

acebutolol  
ALDACTAZIDE 50-50 TABLET  
aliskiren  
amiloride  
amiloride-hctz  
amlodipine  
amlodipine-benazepril  
amlodipine-olmesartan  
amlodipine-valsartan  
amlodipine-valsartan-hctz  
atenolol  
atenolol-chlorthalidone  
benazepril  
benazepril-hctz  
betaxolol tablet  
bisoprolol  
bisoprolol-hctz  
bumetanide tablet  
candesartan  
candesartan-hctz  
captopril

captopril-hctz  
CARDIZEM LA 120MG TABLET  
CAROSPIR  
cartia XT  
carvedilol  
carvedilol er  
chlorthalidone  
clonidine patch, tablet  
diltiazem tablet  
diltiazem 12hr er  
diltiazem 24hr er  
diltiazem 24hr er (cd)  
diltiazem 24hr er (la)  
diltiazem 24hr er (xr)  
dilt-XR  
DIURIL  
doxazosin  
DUTOPROL  
enalapril solution, tablet  
enalapril-hctz  
eplerenone  
eprosartan  
felodipine er  
fosinopril  
fosinopril-hctz  
furosemide solution, tablet  
guanfacine  
hydralazine tablet  
hydrochlorothiazide  
indapamide  
INDERAL XL  
irbesartan  
irbesartan-hctz  
isradipine  
KASPARGO SPRINKLE  
KATERZIA  
KERINDA  
labetalol tablet  
lisinopril  
lisinopril-hctz  
losartan  
losartan-hctz  
matzim la  
methyldopa tablet  
methyldopa-hctz  
metolazone  
metoprolol tablet  
metoprolol er

## Blood Pressure Related

(cont)

metoprolol-hctz  
metoprolol er-hctz  
metyrosine  
minoxidil tablet  
moexipril  
nadolol  
nebivolol  
nicardipine capsule  
nifedipine  
nifedipine er  
nimodipine  
nisoldipine  
NYMALIZE  
olmesartan  
olmesartan-amlodipine-hctz  
olmesartan-hctz  
perindopril  
pindolol  
prazosin  
PRESTALIA  
propranolol solution, tablet  
propranolol er  
propranolol-hctz  
QBRELIS  
quinapril  
quinapril-hctz  
ramipril  
SOTYLIZE  
spironolactone  
spironolactone-hctz  
taztia xt  
telmisartan  
telmisartan-amlodipine  
telmisartan-hctz  
terazosin  
THALITONE  
tiadylt er  
timolol tablet  
torse mide  
trandolapril  
trandolapril-verapamil er  
triamterene  
triamterene-hctz  
valsartan  
valsartan-hctz  
vecamyl  
verapamil tablet  
verapamil er  
verapamil er pm  
verapamil sr

## Blood Thinner Related

aspirin-dipyridamole er  
BRILINTA  
clopidogrel  
dabigatran  
dipyridamole tablet  
ELIQUIS  
jantoven  
PRADAXA  
prasugrel  
SAVAYSA  
warfarin  
XARELTO  
ZONTIVITY

## Cholesterol Related

ALTOPREV  
amlodipine-atorvastatin  
atorvastatin  
cholestyramine  
cholestyramine light  
colesevelam  
COLESTID  
colestipol  
EZALLOR SPRINKLE  
ezetimibe  
ezetimibe-simvastatin  
fenofibrate  
fenofibric acid  
FLOLIPID  
fluvastatin  
fluvastatin er  
gemfibrozil  
icosapent ethyl  
LIPOFEN 50MG CAPSULE  
lovastatin  
niacin 500mg tablet  
niacin er tablet  
NIACOR  
omega-3 acid ethyl esters  
pravastatin  
prevalite  
rosuvastatin  
ROSUVASTATIN-EZETIMIBE  
ROSZET  
simvastatin  
triklo  
ZYPITAMAG

## Diabetes Related

acarbose  
ACCU-CHEK TEST STRIPS  
ADLYXIN

ADMELOG  
ADMELOG SOLOSTAR  
ALOGLIPTIN  
ALOGLIPTIN-METFORMIN  
ALOGLIPTIN-PIOGLITAZONE  
ADVANCED GLUCOSE TEST STRIP  
ADVOCATE REDI-CODE & REDI-  
CODE+ TEST STRIP  
ADVOCATE TEST STRIP  
AFREZZA  
AGAMATRIX AMP TEST STRIPS  
ALOGLIPTIN  
ALOGLIPTIN-METFORMIN  
ALOGLIPTIN-PIOGLITAZONE  
APIDRA  
APIDRA SOLOSTAR  
ASSURE TEST STRIPS  
BASAGLAR KWIKPEN U-100  
blood glucose test strips  
BYDUREON BCISE  
BYDUREON PEN  
BYETTA  
CARESENS N TEST STRIPS  
CARETOUCH TEST STRIP  
CLEVER CHOICE TEST STRIPS  
CONTOUR TEST STRIPS  
COOL GLUCOSE TEST STRIP  
DEXCOM G6 SENSOR  
DEXCOM G6  
DEXCOM G6 TRANSMITTER  
diabetic needles  
diabetic syringes  
DIATRUE PLUS TEST STRIP  
EASY PLUS II TEST STRIP  
EASY STEP GLUCOSE TEST  
STRIPS  
EASY TALK TEST STRIPS  
EASY TOUCH TEST STRIP  
EASY TRAK TEST STRIPS  
EASYGLUCO PLUS TEST STRIPS  
EASYGLUCO TEST STRIPS  
EASYMAX GLUCOSE TEST STRIPS  
EASYMAX GLUCOSE TEST STRIP  
ELEMENT TEST STRIPS  
EMBRACE LANCETS/DEVICE,  
GLUCOSE TEST STRIPS  
EVENCARE TEST STRIPS  
EVOLUTION TEST STRIPS  
EZ SMART LANCETS, TEST STRIPS  
FARXIGA  
FIASP  
FIASP FLEXTOUCH  
FIASP PENFILL

## Diabetes Related (cont)

FIFTY50 TEST STRIP  
FORA GLUCOSE STRIPS  
FORACARE TEST STRIPS  
FORTISCARE TEST STRIPS  
FREESTYLE LIBRE 10 DAY  
SENSOR, READER  
FREESTYLE LIBRE 14 DAY  
READER, READER  
FREESTYLE LIBRE 2 READER,  
SENSOR  
FREESTYLE LIBRE 3 SENSOR  
FREESTYLE TEST STRIPS  
GE100 BLOOD GLUCOSE TEST  
STRIP  
GENSTRIP  
glimepiride  
glipizide  
glipizide er  
glipizide xl  
glipizide-metformin  
GLUCO TEST STRIPS  
GLUCOCARD TEST STRIPS  
GLUCOCOM GLUCOSE  
GLUCOSE TEST STRIP  
glyburide  
glyburide micronized  
glyburide-metformin  
GOJJI BLOOD TEST STRIP  
HARMONY GLUCOSE TEST STRIP  
HEALTHPRO TEST STRIPS  
HUMALOG  
HUMALOG JUNIOR KWIKPEN  
HUMALOG KWIKPEN U-100  
HUMALOG KWIKPEN U-200  
HUMALOG MIX 50-50  
HUMALOG MIX 50-50 KWIKPEN  
HUMALOG MIX 75-25  
HUMALOG MIX 75-25 KWIKPEN  
HUMULIN 70/30 KWIKPEN  
HUMULIN 70-30  
HUMULIN N  
HUMULIN N KWIKPEN  
HUMULIN R  
HUMULIN R U-500  
HUMULIN R U-500 KWIKPEN  
IGLUCOSE TEST STRIP  
INFINITY TEST STRIPS  
insulin administrative supplies  
INSULIN ASPART  
INSULIN ASPART FLEXPEN  
INSULIN ASPART PENFILL  
INSULIN ASPART PROT MIX 70-30

INSULIN GLARGINE  
INSULIN GLARGINE SOLOSTAR  
INSULIN GLARGINE-YFGN  
INSULIN LISPRO  
INSULIN LISPRO JUNIOR  
KWIKPEN  
INSULIN LISPRO KWIKPEN U-100  
INSULIN LISPRO PROTAMINE MIX  
insulin pump syringe  
INVOKANA  
JANUVIA  
JARDIANCE  
JENTADUETO  
JENTADUETO XR  
KAZANO  
KOMBIGLYZE XR  
lancets  
lancing device  
lancing device/lancets  
LANTUS  
LANTUS SOLOSTAR  
LEVEMIR  
LEVEMIR FLEXTOUCH  
LYUMJEV  
LYUMJEV KWIKPEN  
LYUMJEV KWIKPEN U-200  
metformin  
metformin er  
MICRO THIN 33G LANCETS  
MICRODOT PEN NEEDLES, TEST  
STRIPS  
miglitol  
MOUNJARO  
MYGLUCOHEALTH TEST STRIPS  
nateglinide  
NESINA  
NEUTEK 2TEK TEST STRIPS  
NOVA MAX TEST STRIPS  
NOVOLIN  
NOVOLIN 70-30 FLEXPEN  
NOVOLIN N  
NOVOLIN N FLEXPEN  
NOVOLIN R  
NOVOLIN R FLEXPEN  
NOVOLOG  
NOVOLOG FLEXPEN  
NOVOLOG MIX 70-30  
NOVOLOG MIX 70-30 FLEXPEN  
NOVOLOG PENFILL  
ON CALL TEST STRIPS  
ONETOUCH EST STRIPS  
ONGLYZA  
OPTIUM

OPTIUM EZ  
OPTUMRX TEST STRIP  
OSENI  
OZEMPIC  
pen needles  
PHARMACIST CHOICE TEST  
STRIPS  
pioglitazone  
pioglitazone-glimepiride  
pioglitazone-metformin  
PRECISION TEST STRIPS  
PREMIER TEST STRIP  
PREMIUM GLUCOSE TEST STRIPS  
PRO VOICE V8-V9 TEST STRIP  
PRODIGY NO CODING QUINTET  
TEST STRIPS  
QUINTET AC TEST STRIPS  
REFUAH PLUS TEST STRIPS  
RELION TEST STRIPS  
repaglinide  
repaglinide-metformin  
REVEAL TEST STRIP  
RIGHTEST TEST STRIPS  
RIOMET ER  
RYBELSUS  
SEMGLEE  
SEMGLEE (YFGN)  
SEMGLEE (YFGN) PEN  
SEMGLEE PEN  
SMART SENSE TEST STRIPS  
SMARTEST TEST STRIPS  
SOLUS V2 TEST STRIPS  
STEGLATRO  
STEGLUJAN  
SURE-TEST EASYPLUS MINI STRIP  
TELCARE TEST STRIPS  
TEST N'GO GLUCOSE TEST STRIP  
TEST STRIPS  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRADJENTA  
TRESIBA  
TRESIBA FLEXTOUCH  
TRIJARDY XR  
TRUE METRIX GLUCOSE TEST  
STRIP  
TRUETEST TEST STRIPS  
TRUETRACK TEST STRIP  
TRULICITY  
ULTIMA TEST STRIPS  
ULTRATRAK TEST STRIPS  
UNISTRIP1  
urine diabetic test strips

## Diabetes Related *(cont)*

VERASENS TEST STRIP  
VICTOZA VICTOZA 3-PAK  
VIVAGUARD INO TEST STRIP  
WAVESENSE TEST STRIPS

\*Only certain formulations of metformin ER 500mg are considered preventive.

## Osteoporosis Related

alendronate  
calcitonin-salmon  
FOSAMAX PLUS D  
ibandronate 150 mg tablet  
raloxifene  
risedronate  
risedronate dr

## Prenatal Vitamins

Your plan considers all prescription strength generic prenatal vitamins to be “preventive.”

Generic medications are listed in all lowercase letters and brand-name medications are listed in all capital letters.



1. State laws in **Connecticut, Louisiana, New York, and Texas** may require your plan to cover your medication at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval from Cigna before your plan will cover it, these changes may not begin until your plan's renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on your Cigna ID card.
2. State law in **Illinois** may require your plan to cover your medications at your current benefit level until your plan renews. This means that if you currently have approval through a review process for your plan to cover your medication, the drug list change(s) listed here may not affect you until your plan renewal date. If you don't currently have approval through a coverage review process, you may continue to receive coverage at your current benefit level if your doctor requests it. To find out if this state law applies to your plan, please call Customer Service using the number on your Cigna ID card.
3. U.S. Food and Drug Administration (FDA) website, "Generic Drugs: Questions and Answers." Last updated 03/16/21. <https://www.fda.gov/drugs/questions-answers/generic-drugs-questions-answers>.

### Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Cigna reserves the right to make changes to this drug list without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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# DISCRIMINATION IS AGAINST THE LAW

## Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to [ACAGrievance@Cigna.com](mailto:ACAGrievance@Cigna.com) or by writing to the following address:

Cigna  
Nondiscrimination Complaint Coordinator  
PO Box 188016  
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to [ACAGrievance@Cigna.com](mailto:ACAGrievance@Cigna.com). You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, DC 20201  
1.800.368.1019, 800.537.7697 (TDD)  
Complaint forms are available at  
<http://www.hhs.gov/ocr/office/file/index.html>.



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## Proficiency of Language Assistance Services

**English** – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

**Chinese** – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

**Vietnamese** – XIN LỜI Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

**Korean** – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주시십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주시십시오.

**Tagalog** – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

**Russian** – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

**Arabic** – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711).

**French Creole** – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

**Japanese** – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

**Italian** – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

**Persian (Farsi)** – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna، لطفاً با شماره‌ای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوايان: شماره 711 را شماره‌گیری کنید).