

Care management

Ascension's national care management team is here to help you navigate the complex world of healthcare.



What is care management?

Care management is a collaborative process to assess, coordinate, monitor and evaluate services and options to meet your healthcare needs and goals. By working with your doctors, our care managers can help you manage your medical conditions more effectively. Care managers can also provide you with education, resources and the encouragement you need to support your healthcare journey.

What services does care management offer?

Ascension's national care management team is made up of registered nurses, social workers and wellness coaches to help you make informed choices about your care. Our services include:

Disease management	Get recommendations from registered nurses on how to manage your newly diagnosed or existing chronic conditions including but not limited to diabetes, heart failure, asthma and chronic obstructive pulmonary disease (COPD).
Transitional care management	Get support when transitioning from an inpatient admission to home, a rehabilitation center, or skilled nursing facility.
Wellness and prevention programs	Get educated and connected to resources and programs to keep you on top of your health.
Complex care management	Get comprehensive care coordination to better self-manage single or multiple complex chronic conditions.
Resource referrals	Get connected with local resources to help alleviate barriers such as transportation to and from your doctor's appointments, medication costs and more.



Get the support you need today; call us at 855-288-6747



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